

**Where can I use my nutrition benefits?** This brochure contains a list of the farmers markets and farm stands that accept nutrition benefits in the Southern Tier. Next to each market is a list of which benefits the market welcomes. The information contained in this brochure was provided by the individual markets and was accurate at the time of print. Narrative provided by [www.snaptomarket.com](http://www.snaptomarket.com) and USDA.

## **KEY TO BENEFITS WELCOMED**

**WIC FMNP** | WIC Farmers' Market Nutrition Program - \$4.00 WIC FMNP checks used to purchase local, fresh, unprocessed vegetables and fruit from authorized farmers.

**SR FMNP** | Senior Farmers' Market Nutrition Program - \$4.00 Senior FMNP checks used to purchase local, fresh, unprocessed vegetables and fruit from authorized farmers.

**WIC VF** | WIC Vegetables and Fruit Check Program at Farmers Markets - \$8, \$11 and \$17 checks to purchase fresh, unprocessed produce from authorized farmers.

**SNAP EBT** | SNAP/Food Stamps/EBT used to purchase SNAP eligible foods at authorized farmers markets.

**FCC** | FreshConnect Checks Program - For every \$5 transaction using an SNAP/EBT card, a \$2 FreshConnect Check (FCC) is given to eligible veterans. FCC's may be used to purchase any SNAP eligible food item.

**DUFB** | DoubleUp Food Bucks - a one to one match of your SNAP dollars up to \$20 per visit, e.g., spend \$10 on your SNAB EBT card and receive a match of an additional \$10 to purchase local fresh fruits and vegetables.

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## **USING SNAP AND OTHER NUTRITION BENEFITS AT FARMERS MARKETS & FARM STANDS**

**2017  
Allegany, Cattaraugus, &  
Chautauqua Counties**



[www.FreshLocalWNY.org](http://www.FreshLocalWNY.org)

**Your local NY farmers market** is more than a place to buy food; it's an event you can share with your family and the surrounding community. Unlike grocery and convenience stores, the farmers market gives you an opportunity to meet the person who produced your food. That person can give you tips, recipes and insight on how to best work with their product.

**What is a farmers market?** A farmers market is a group of local farmers that sell their products directly to you the consumer. Markets are usually held weekly at an outdoor venue and offer locally grown or produced seasonal fruits, vegetables, eggs, meats, and baked goods.

**Why shop at a farmers market?** You have access to fresh, locally grown foods. Farmers markets have fruits and vegetables at the peak of the growing season. This means produce is at its freshest and tastes the best. The food is typically grown near where you live, not thousands of miles away or another country. Shopping at farmers markets also supports your local farmers and keeps the money you spend on food closer to your neighborhood.

**What payments are welcome at the farmers market?** In addition to cash, many farmers markets now accept debit/credit cards, SNAP benefits, and other nutrition benefits.

**How do I use my SNAP benefits at the farmers market?** Locate the **"Use Your Food Stamp (EBT) Card Here!"** banner. Use your EBT/Food Stamp/SNAP card to purchase as many \$1 wooden tokens as you'd like. These tokens act as cash within the market. Use your \$1 tokens at any market booth that displays the **"Food Stamp (EBT) Tokens Accepted Here"** sign.

If you don't use all of your market tokens, that's ok. You can keep your unused tokens for the next time you shop the market; tokens do not expire. Unused tokens may be exchanged at the token booth for a refund back onto your EBT/Food Stamp/SNAP card. Tokens ARE market-specific and cannot be transferred between markets. Each token is labeled with the particular market it was distributed from.



### **What you can buy with your SNAP tokens:**

- Fruits and Vegetables
- Plants that Grow Food
- Breads
- Eggs
- Meat, Fish, Poultry
- Dairy Products
- Maple and Honey Products
- Seeds and Plants that Produce Foods
- Baked Goods: Wrapped, and Intended for Home Consumption
- Jams, Sauces, Soups, Etc.

### **What you cannot buy with your SNAP tokens:**

- Beer, Wine, or Liquor
- Tobacco Products
- Nonfood Items
- Food Meant to be Eaten On-Site
- Hot Foods
- Vitamins and Medicines

**How do I use my WIC or SENIOR FMNP COUPONS at the farmers market?** The Farmers Market Nutrition Program (FMNP) coupons can be redeemed directly with individual vendors who display **"FMNP Coupons Accepted Here"** signs .

# 2017 FARMERS MARKETS & FARM STANDS

## ALLEGANY COUNTY

### **Alfred Farmers Market**

Alfred Village Green, Main St & Saxon Dr, Alfred  
Sundays | 11 AM – 3 PM | Jul 9 – Oct 29  
Welcomes: SNAP EBT, FCC, WIC VF, WIC FMNP, SR FMNP, FCC

### **Angelica Farmers Market**

Park Circle in downtown Angelica  
Saturdays | 9 AM – 1 PM | Jun 10 – Oct 7  
Welcomes: WIC VF, WIC FMNP, SR FMNP, FCC

### **Belmont Farmers Market**

32 Willets Avenue (Route 19), Belmont  
Thursdays | 11 AM – 5 PM | May 25 – Oct 26  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, DUF, FCC

### **Houghton Farmers Market**

RT 19 next to Subway, Houghton  
Fridays | 1 - 6 PM | Jun 2 - Oct 27  
Welcomes: WIC VF, WIC FMNP, SR FMNP, FCC

### **On The River Farm Stand**

7579 NY 19, Belfast | 716-560-5594  
Welcomes: WIC VF, WIC FMNP, SR FMNP, FCC

### **Quest Farm Produce**

7142 NY 21, Almond | 607-661-8031  
Welcomes: SNAP EBT, FCC

### **Wellsville Farmers Market**

Parking lot of Wellsville Giant Mart  
Thursdays | 11 AM - 5 PM | Jun 15 - Oct 5  
Welcomes: WIC FMNP, SR FMNP, FCC

### **White Valley Farm Stand**

381 Heselton Rd, Whitesville | 585-808-6061  
Welcomes: WIC FMNP, SR FMNP, FCC

## CATTARAUGUS COUNTY

### **Canticle Farm Market**

3809 Old State Rd, Allegany | 716-373-0200 x 3358  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, FCC

### **For Peate's Sake Homestead Farm Stand**

8959 North Hill Rd, South Dayton | 716-988-3426  
Welcomes: SNAP EBT, FCC

### **Franklinville Farmers Market**

Park Square, Route 16 & Pine Street, Franklinville  
Wednesdays | 3 – 6 PM | Jun 14 – Oct 25  
Some vendors accept SHB  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, DUF, FCC

### **Miller's Farm Market**

1685 Olean-Portville Rd, Olean | 716-372-2521  
Welcomes: WIC VF, WIC FMNP, SR FMNP, FCC

### **REAP Olean Farmers Market**

Olean Center Mall Parking Lot, N Union Street, Olean  
Saturdays | 8 AM – 1 PM | May 13 – Oct 28  
Some vendors accept SHB  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, DUF, FCC

### **Salamanca Farmers Market**

Jefferson Park at Park Avenue, Salamanca  
Tuesdays | 11 AM – 5 PM | May 23 – Oct 27  
Some vendors accept SHB  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, DUF, FCC

### **Silver Falls Farm Stand**

10120 Jolls Rd, Perrysburg | 716-672-9004  
Welcomes: SNAP EBT, WIC FMNP, SR FMNP, FCC

### **South Dayton Farmers Market**

Village Park @ RT 322/Parish St, South Dayton  
Saturdays | 9 AM – 1 PM | Jun 3 – Oct 21  
Welcomes: WIC VF, WIC FMNP, SR FMNP, FCC

### **Southern Tier Farmers Market - Olean**

1900 Constitution Avenue @ Tractor Supply Parking Lot,  
Olean Fridays | 2 – 6 PM | May 19 – Oct 27  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, DUF, FCC

## CHAUTAUQUA COUNTY

### **Abers Acres Farm Market**

884 NY 394, Kennedy | 716-267-2431  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, FCC

### **Anderson's Produce**

3058 Terry Rd, Sinclairville | 716-962-2514  
Welcomes: WIC VF, WIC FMNP, SR FMNP, FCC

### **Dunkirk Farmers Market**

45 Cliffstar Court & Ruggles Street @ Dunkirk Senior  
Center Parking Lot, Dunkirk  
Wednesdays | 9 AM – 2 PM | Jun 14 - Oct 25  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, DUF, FCC

### **Falconer Farmers Market**

Davis Park @ W Main St/Homestead St, Falconer  
Saturdays | 9 AM – 2 PM | Jun 10 – Oct 29  
Welcomes: WIC VF, WIC FMNP, SR FMNP, FCC

### **Fredonia Farmers Market**

9 Church Street, Fredonia  
Saturdays | 9 AM – 1 PM | May 20 – Oct 28  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, DUF, FCC

### **Hathaway Farms Market**

9595 E Main Rd, Ripley | 716-736-3864  
Welcomes: WIC VF, WIC FMNP, SR FMNP, SNAP EBT, FCC

### **Jamestown Public Market**

Cherry Street between 2<sup>nd</sup> and 3<sup>rd</sup> Streets, Jamestown  
Saturdays | 9 AM - 1 PM | Jun 10 - Oct 28  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, DUF, FCC

### **Lakewood Farmers Market**

Chautauqua Avenue between 1<sup>st</sup> & 2<sup>nd</sup> Streets,  
Lakewood Tuesdays | 1 – 5 PM | Jun 6 – Aug 29  
Some vendors accept SNAP EBT.  
Welcomes: WIC VF, WIC FMNP, SR FMNP, FCC

### **Richard Feinen Farm Stand**

US 20 @ US 39, Sheridan | 716-680-5462  
Welcomes: WIC VF, WIC FMNP, SR FMNP, SNAP EBT, FCC

### **Roberto Fred Farm Stand**

10655 Temple Rd, Dunkirk | 716-410-3817  
Welcomes: WIC VF, WIC FMNP, SR FMNP, SNAP EBT, FCC

### **Westfield Farmers and Artisans Market**

Portage and Main Streets, (Routes. 394 & 20), Westfield  
Saturdays | 9 AM – 2 PM | May 27 – Sep 30  
Some vendors accept SNAP EBT.  
Welcomes: WIC VF, WIC FMNP, SR FMNP, FCC

## GREATER REGION

### **Bath Farmers Market**

Pulteney Park, Bath  
Wednesdays | 9AM – 3 PM | May 3 - Oct 25  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, FCC

### **Dansville Farmers Market**

50 Maple St, Dansville  
Fridays | 11 AM – 4 PM | May 26 - Oct 6  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, FCC

### **Perry Farmers Market**

Festival Plaza, S Main St @ Borden, Perry  
Saturdays | 8:30 AM – 12:30 PM | Jun 17 - Sep 30  
Welcomes: WIC VF, WIC FMNP, SR FMNP, FCC

### **Peaceful SOUL Farmers Market**

11395 Southwestern Blvd, Native Pride, Irving  
Tuesdays | 9 AM – 2 PM | Jun 6 – Oct 31  
Welcomes: SNAP EBT, WIC VF, WIC FMNP, SR FMNP, FCC